

C to S Cervical
Instructional
Course — Spine:
Dealing with
Complex,
Revision and
Deformity
Problems



**CERVICAL TO
SACRAL COURSE.**

**DePuy
Synthes**

**23.10 – 24.10.2026
King Fahad
Medical City
Riyadh**

C to S Cervical Instructional Course

**23.10 –
24.10.2026**

King Fahad
Medical City
Riyadh

Invited faculty



Dr. Mohammad Al-Sherdan
KSA
Faculty-Moderator



Dr. Sultan Aldebeyan
KSA
Faculty



Dr. Saleh Al-Zaid
KSA
Faculty



Dr. Abdelmajid Al-Ahmari
KSA
Faculty



Dr. Turki Al-Anazi
KSA
Faculty

Program Overview

The C to S Cervical Instructional Course – Spine: Dealing with Complex, Revision and Deformity Problems (with Dry Lab) provides a focused, immersive learning environment that translates detailed cervical anatomy into reproducible operative techniques. Through faculty-led dissections, live demonstrations, and supervised hands-on practice, the structured competency-based curriculum emphasizes technical accuracy, procedural consistency, and safe complication management. Mentored skills training and case-based discussion build operative judgment and confidence for complex deformity and revision cervical surgery. Intended audience: fellowship-trained and practicing spine surgeons (orthopaedics and neurosurgery), fellows, senior trainees, and perioperative staff involved in cervical spine care.

Faculty will be available throughout the day and for Q&A over coffee and lunch breaks



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Agenda

Day one (23.10.26) 7:30am – 4:30pm

Morning Lectures

07:30–08:00	Registration, group assignment (A-E), course material distribution.	All
08:00–09:00	Welcome, Pre-Test & Anterior Anatomy: Course overview, pre-test, anterior anatomy, positioning, approach planning, and structures at risk (Classroom I)	Dr. Mohammad Al-Shardan + All Faculty
09:00–09:30	Coffee Break & Moving to Surgical Skills Lab	All
09:30 - 11:30	Hands-on: Anterior Approach & Instrumentation: Demonstration + supervised practice: anterior exposure, disc-space preparation, interbody placement, and anterior plate/screw construct on synthetic specimens.	All Faculty
11:30–13:30	Lunch and Prayer Break	All
	Breaking to groups A & B	All

Hands-on Sessions (13:30–16:30) / Surgical Skills Lab

Group A & B:	Posterior Anatomy & Demonstration: Posterior positioning/exposure; laminectomy and foraminotomy principles; lateral-mass landmarks and fixation planning.	Dr. Saleh Al-Zaid / Dr. Turki Al-Anazi
Group A & B:	Hands-on: Posterior Decompression & Fixation: Posterior exposure, laminectomy, foraminotomy, lateral-mass screw placement, rod connection, construct review, and Day-I debrief.	All Faculty
16:30	Closing Day 1 & Depart	All

Agenda

Day two (24.10.26) 7:30am – 4:00pm

Morning Lectures

09:00–09:15	Day-II registration and group reconfirmation	All
09:15–09:45	Upper Cervical Anatomy & Planning: C1-C2 anatomy, vertebral artery risk zones, imaging-based planning, and fixation options (Classroom I)	Dr Saleh Alzaid + All Faculty
09:45–10:30	Faculty Demonstration: C1-C2 Instrumentation (Surgical Skills Lab)	All Faculty
10:30 - 11:00	Coffee Break	All

Hands-on Sessions (11:00–12:45) / Surgical Skills Lab

11:00 - 12:15	Hands-on: C1-C2 Screw Placement: Rotating groups perform supervised C1 lateral-mass and C2 pedicle/pars screw insertion on high-fidelity synthetic specimens.	All Faculty
12:15 - 12:45	Integrated Construct & Troubleshooting: Rod connection, construct assessment, recognition of malposition, and discussion of salvage/bailout options.	All Faculty
12:45 - 13:30	Lunch Break	All
13:30 - 16:00	Post-course knowledge test, faculty performance checklist, participant feedback, certificates, and closing remarks (Classroom I)	All Faculty
16:00	End of Course / Depart	All

Logistics

Who is this event for?

Target audience & prerequisites

Fellowship-trained and practicing spine surgeons (orthopaedics and neurosurgery), fellows, senior trainees, and perioperative staff involved in cervical spine care.

Venue

King Fahad Medical City, Riyadh, KSA

Address: Prince Abdulaziz Ibn Musaid Ibn Jalawi St,
Riyadh 12231

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